

2024 Hakodate Marathon

The event information

Date and time	Sunday, June 30 Half Marathon starts at 9:00 a.m. Full Marathon starts at 9:10 a.m.
Schedule	1) Saturday, June 29 Participation memento pick-up: 1:00 p.m.–8:00p.m. (In front of the main entrance to Athletic Stadium) 2) Sunday, June 30 Baggage check-in: 6:30 a.m.-8:30 a.m. Runners line up: from 8:00 a.m.-8:45 a.m. Opening ceremony: from 8:45 a.m. Race start: 9:00 a.m. (half marathon) 9:10 a.m. (full marathon) Participation memento pick-up: 10:00 a.m.-4:00 p.m. (In front of the main entrance of Athletic Stadium) Award ceremony: from 10:40 a.m. (half marathon1-3) from 12:30 p.m. (full marathon1-3) Race finish: 3:00 p.m.
Events/Distance	Half marathon (21.0975 km) Marathon (42.195 km)
Course	The course starts and finishes at Chiyogadai Park Athletic Stadium and is certified by Japan Association of Athletics Federations (JAAF), World Athletics (WA)
Race rules	Based on the 2024 JAAF regulations and the regulations of this race.
Eligibility	Participants must be males or females aged over 18, as of June 30, 2024. They must generally be able to run a half marathon within 3 hours or a full marathon less than 5 hours and 50 minutes and pass through the designated checkpoints within the allotted time.
Race procedure	1) Starting order ① The half marathon starts at 9:00 a.m. and the full marathon starts at 9:10 a.m. ② For both races, the first row consists of invited athletes and runners registered with industrial or student associations. Behind them are JAAF registered and General Runners. Runners have a letter attached to their number cards, based on their race predicted times. The letters (A→B→C→D→E→F→G) correspond to blocks (marked with placards). ※ If you do not indicate your estimated time on entry form, you will be lined up in G block. ※ Please note that the runners who are late for the starting line-up have to start from block G for the half marathon starts at 9:00 a.m. and the full marathon

starts at 9:10 a.m.

2) Checkpoints

- ① Checkpoints will be closed at the following times. Runners arriving after these times are not allowed to continue the race.
 - 1st: 5km (Half, Full) 9:54 a.m.
 - 2nd: 8.3km (Half, Full) 10:19 a.m.
 - 3rd: 13.7km (Full) 11:00 a.m.
 - 4th: 10km (Half), 19.3km (Full) 11:40 a.m.
 - 5th: 15km (Half), 24.3km (Full) 12:24 p.m.
 - 6th: 19.1km (Half), 29.4km (Full) 1:08 p.m.
 - 7th: 33.5km (Full) 1:44 p.m.
 - 8th: 37.3km (Full) 2:17 p.m.
 - 9th: 39.9km (Full) 2:40 p.m.
 - Finish: 21.0975km (Half), 42.195km (Full) 3:00 p.m.
- ② Race officials may instruct any runners behind "DNF Notifiers" to finish the race at locations other than checkpoints (DNF Notifiers are running at a pace that will reach the checkpoint by the designated time). After the last restricted runner crosses the starting line, the start of both events will be prohibited.

3) Other procedures

- ① Full marathon runners should keep to the left and half marathon runners should keep to the right on the course to alleviate congestion at the junction.
- ② Distance indicators are set every 1km.
- ③ Lap times are measured every 5km.
- ※ Runner's certificate indicates the gross finish time (gun timing) and lap time. Net finish time (chip timing) is also indicated as an unofficial record.
- ④ JAAF registered athletes who satisfy the record below, will have their shoes measured after the finish line. Athletes violate the rules of the JAAF will be disqualified from the race.
 - Men: 2 hours 21 minutes for the full race
1 hour 04 minutes for the half race.
 - Women: 2 hours and 56 minutes for the full race
1 hour and 18 minutes for the half race.

Quota and fee

- 1) Half marathon
 - Quota: 4,000 runners (first-come-first-served)
 - Registration fee: ¥6,500
 - 2) Marathon
 - Quota: 4,000 runners (first-come-first-served)
 - Registration fee: ¥12,000
- ※ The divisions are ①Invited, registered with industrial or student associations, ②JAAF registered, and ③General in both categories.
- ※ The registration fee will not be refunded under any circumstances, including in

the event of nonparticipation due to personal reasons or withdrawal after registration.

Memento and Certificate

- 1) Participation Memento: All runners who participate Hakodate Marathon will receive Original Running Cap. (Specifications, designs, etc. will be posted on the official website as soon as they are determined.
- 2) Finisher's Memento: Runners who complete the race within the allotted time will receive an original finisher's towel. Full marathon runners who complete the race will also receive a finisher's medal.
- 3) Record Certificate: No paper copies will be issued and to be issued on the website.

Awards

- 1) Awards will be presented in front of the main stand in Athletic Stadium to each runner who finishes between first and third places in both marathons in either male or female categories.
- 2) Invited, registered with industrial or student associations: The first three finishers in each event, regardless of age, will receive a certificate and a medal later. (The certificates and medals will be sent to the winners by late August.)
- 3) JAAF registered and general categories: Runners who finish in the first, second and third places in each age division of each gender category (aged under 29, 30~34, 35~39, 40~44, 45~49, 50~54, 55~59, 60~64, 65~69, over 70) will be awarded a certificate and a medal at a later date. (The certificates and medals will be sent to the winners by late August.)
- ※ The finishing time will be determined by net time (time required from crossing the start line), not by gross time (time required from the first gun).
- 4) Hakodate Marathon is MCC (Marathon Challenge Cup) event. MCC is the project that supports all runners who will challenge to participate full marathons. Runners who join MCC events will receive following rewards:
 - ① Personal best finishers, First-time full marathon finishers, Men's sub-3 (under 3 hours), Women's sub-3.5 (within 3 hours and 30 minutes), and Personal best record, are subjected to Special Record Certificates.
 - ※ No paper copies will be issued.
 - ② Prize money will be awarded to runners who break the record of Hakodate Marathon.
【Current record of Hakodate Marathon】
Male: 2 hrs. 15 mins 56 sec
Female: 2 hrs. 43 mins 16 sec
 - ※ For more detail, check the MCC official web site;
<https://www.marathon-cc.com>
- 5) The Hakodate Marathon is a partnership race of RUN as ONE - Tokyo Marathon 2024. Drawing for all finishers, the top 3 runners will be recommended as general

runners for the Tokyo Marathon 2025.

Number cards JTB Sports Station users must issue "Number card voucher" from "My page" at JTB Sports Station website and bring it to the following place, you can pick up your number card there.

Place: The information desk for foreigners in front of the venue

Time: Saturday, June 29 1:00 p.m.–8:00p.m.

- ※ The runner's chip is attached to the number card, so please do not remove it.
- ※ If you do not participate on the day of the race, please be sure to return the runner's chip in the return envelope enclosed with your athlete bib (number card). (If you do not return the chip, you will be charged ¥2,000.)
- ※ If an athlete's bib (number card) is reissued due to loss or forgetting to bring it, a fee of ¥2,000 will be charged for the reissue.

Entry number Select the entry number that is appropriate for you from the below.

- ※ **Participants from overseas can apply for "③General" only.**

【Half marathon】

① Invited, registered with industrial or student associations.

Male 01

Female 02

② JAAF registered

Male 03

Female 04

③ **General**

Male 05

Female 06

【Full marathon】

① Invited, registered with industrial or student associations

Male 07

Female 08

② IAAF registered

Male 09

Female 10

③ **General**

Male 11

Female 12

- ※ Invited, registered with industrial or student associations must have run the following times within the last three years.
Men's Full: within 2 hours and 40 minutes, Half: within 1 hour and 12 minutes.
Women's Full: within 3 hours and 00 minutes, Half: within 1 hour and 17 minutes.

Accommodation: Please use this site to book accommodations from Tuesday, February 13, 12:00 p.m. for the 2024 Hakodate Marathon!

<https://amarys-jtb.jp/2024hakodate/>



- Notes
- 1) Please do not participate if you have been deemed unfit on a physical exam.
 - 2) We are unable to accommodate runners who are wheelchair users.
 - 3) Please use public transportation to come to the stadium. There is no parking space available.
 - 4) There is a baggage drop area for your belongings at the stadium. Personal belongings that fit in a designated bag (70cm X 50cm) can be left at the baggage drop area with your number card. Please note that we will not be responsible for your valuables. You can use paid service for bigger baggage (¥500 per baggage).
 - 5) There are 16 aid stations for full marathon and 8 stations for half marathon including water supply at starting and finishing points.
 - 6) Hakodate Marathon Omotenashi Festival will be held near the stadium. Runners are welcome to enjoy free food and beverages after the race.
 - 7) Please check the website below for race records.
<http://www.lap.co.jp> (planned to be updated by July 5)

Outfit

The outfit must be suitable for running. Clothes that cover your face, that are offensive to others, or that pose a risk to others are prohibited. If the outfit is considered to be inappropriate for the event at the discretion of the organizers, the runner may be disqualified prior to or during the race.

If the organizers deem any attire inappropriate or offensive to public decency, participants will not be allowed to compete. The organizers may even issue a directive to cancel the competition after it has started. No objections will be entertained; participants are kindly requested to approach the race with a calm and understanding mindset.

Privacy Policy

The organizers recognize the importance of personal information, comply with General Data Protection Regulation (GDPR), the Act on the Protection of Personal Information and related laws of Japan. Laws regarding the protection of personal information and associated acts of parliament are strictly adhered to. Personal information is handled according to the organizers' personal information protection policy. Participants' personal information will be used in the following ways, with the aim of improving service.

- 1) Sending things like number cards, participation memento coupons, related information, and information about next year's race
- 2) Publishing things like participants' names and ages in the race program, on the website, in newspapers etc.
- 3) Providing services from race sponsors, supporters, and related organizations
- 4) Announcing record times for the race
- 5) Providing names, genders, dates of birth, and race records to the Tokyo Marathon Foundation. Additionally, participants may be contacted by the marathon office or entry center to confirm details of their registration. If you do not want to provide your personal information to others, please contact the marathon office.
- 6) Provide data to RunLink Age Ranking conducted by JAAF: name, athlete bib (number card), prefecture, age, gender, net time, gross time, and rank. The data will be provided to the Japan Association of Athletics Federations (JAAF). Please refer to RunLink Age Ranking for details: <https://www.jaaf-runlink.jp/>.

Event agreement

We ask those who join the event to accept the following rules before the registration.

- 1) Participants must make sure that they are not suffering from any cardiovascular diseases or illnesses, be mindful of their health, and undertake adequate training in preparation for the race.
- 2) Participants must not ask the organizers to assume responsibility, under any circumstances, for any injuries, illnesses, accidents, thefts, or losses that occur during the race.
- 3) Participants must follow the instructions of the organizers during the race, if the race is suspended at the organizer's judgement that there are obstacles to continue the race or if runners are temporarily stopped due to traffic conditions. Participants must also follow any other instructions regarding safety management and event administration given by the organizers.
- 4) Participants must not reject receiving first-aid treatment if they are injured or become unwell during the race. Additionally, participants must not ask organizers to assume responsibility for the method or process of first aid.
- 5) When requested by the organizer, participants shall follow infection prevention measures such as wearing masks, hand sanitizers, and requests regarding behavior.
- 6) Participants must consent to the fact that their registration fee will not be refunded, under any circumstances, including in the case of withdrawal or non-participation after registration or cancellation due to earthquake, storms, floods, incidents, accidents, sickness, or infections.
- 7) Participants must not falsely report their age or gender or compete in place of any other participants (illegal appearance). In such cases, the participation will be cancelled.
- 8) Participants must agree that their personal information (ie: name, age, gender, record time, and images) that are appeared in films, photographs, articles, and records of the race, may be broadcasted, published, or used in newspapers, on television, on the website, or in leaflets. (The organizers have the rights to publish and use of the information.)
- 9) Participants must consent to their personal information being handled in accordance with a separate policy entitled "Privacy Policy", specified by the organizers.
- 10) The applicant agrees to handle personal information in accordance with Privacy Policy.